Presentation Of Old And New Histological Results After Plasma Exercises (Plexr) Application (Regeneration Of The Skin Tissue With Collagen III)

Georgia Gloustianou¹, Maria Sifaki², Sotiris G. Tsioumas³*, Dr. Vlachodimitropoulos⁴, Antonio Scarano⁵

¹Private Clinic, Laboratory of Forensic Medicine and Toxicology, Athens, Greece.
²Private Clinic, Dermatologist-Venereologist, Crete, Greece.
³Private Clinic, Diagnostic Clinic and Aesthetic Surgery Ophthalmology, Eye Surgeon - Oculoplastic, Athens, Greece.
⁴President, Hellenic Society of Aesthetic Medicine and Non Invasive Surgery.
⁵Implantology, Anaesthesics, Dental Surgery, University of Chieti, Italy.

Accepted 1 June, 2016.

ABSTRACT

This study was written after ten years of implementation of the innovative technique Plexr where it was found that this medical devices is the latest technology for Aesthetic Medicine and Aesthetic Therapy. This technique has been applied to thousand of patients who were completely happy with the results (treatments on the face or body). After the desired results in clinical presentation of the patient’s, we wanted to test if histology presentation is consistent. The first histological study took place in University of Cheti (Italy): Rabbit model. The second and third one were examined by the Laboratory of Forensic Medicine and Toxicology in Athens Medical School (Greece) and Laboratory of Dr G. Gloustianou in her private clinic in Athens (Greece): human tissue.

Keywords: Plexr, biopsy, elastic fibres, histological, clinical, staining, skin, tissue, regenaration, collagen III.

Introduction

What is Plexr?

Plexr is a cordless micro-surgical hand operated device that transfers concentrated heat to the treated skin tissues. It uses the difference in voltage between the device and the patient’s skin. The difference in voltage generates a small electrical arc, similar to a minute lighting. The small lighting causes the sublimation of the fluids contained in superficial part of the skin, without unwanted heat transmission to the adjacent tissues. Additionally it acts on the superficial layer of the skin preserving the lower layers; this will reduce drastically any potential permanent skin damage that could be caused by the misuse of conventional lasers.

Methodology

1st study:

Skin Lesions Induced From The Radiosurgical Unit And Voltaic Arc Dermoabrasion: A Rabbit Model.

(Scarano et al, 2011) Eight New Zeland male rabbits, each weighting about 3.9 Kg were used in this study. The animals were anesthetized with a dose of Ketamine and xylazine. The ketamine was used at a dose of 44 mg/Kg and the xylazine, a dose of 6-8 mg/Kg for kilogram of weight. Dorsal part of each rabbit was shaven and divided in two equal parts of 5 cm. Voltaic arc dermoabrasion.

2nd study:

Clinical And Histological Presentation After PLEXR Application

(Tsioumas et al, 2015) Dr. ChorozidisIoannis (Dermatologist-Venereologist) took biopsy from the brachial region: a) we did xylocaine and adrenaline anesthesia around the area that is painted, without going into the dots of which will took biopsies (photo 1). b) At the bottom of the rectangle (photo 2) we took a sample for biopsy without applying the device. At the top (first spot) biopsy was taken immediately after applying Plexr (microspots).
We observe the stitches after five days and the withdrawal of crusts (photo 3). After 15 days while the stitches are not cut, the crusts have left (photo 4). At the point which was applied Plexr, we notice a pinkish color.

3rd study:
**Histology of PLEXR with (H-E)**
Dr. Maria Sifaki (Dermatologist-Venereologist) applied Plexr (Photo 5, 6, & 7) at the painted area and then took biopsy from behind the ear area.
Results/Findings

1st study:
The results showed that Plexr creates no lesions by heat in the skin, there is not also necrosis and presence of the inflammation. The conclusion is that the Plexr, as opposed to radio scalpel, avoid damage to the interior of parenchymal. (Figure 1).
2nd study:
The results showed the below (Figure 2, 3, 4 & 5):
Normal skin: Elastic fibers stain x200.

![Fig. 2](image)

It is the area in which the technique of Plexr was applied. In the left lower part is observed loss of the epidermis, but not the basal membrane and increased presence of fibrous tissue (acidophilia of the dermis due to heat, which produced protein denaturation), so injury is reversible. Respectively in the left upper part, skin is maintained (x200).

![Fig. 3](image)

The same area with blurring and shrinking of the elastic fibers x 200 D.

![Fig. 4](image)
As regards the image of skin lesions, thermal damage with Plexr at the 1st effect extended to a depth of 0.02 cm in the dermis (staining amatoxylin-eosin and Trichrome Masson), while the other method (radiobistury) extended at a thickness of 0.05 cm (i.e. more than twice).

Also, at the same time healing, Plexr showed complete restoration of the epidermis and most limited thermal effect at a thickness of 0.01 cm while the other method it was found that small ulcer stay with inflammatory and thermal effect to a depth of 0.04 cm.

3rd study:
1. Histology of PLEXR with (H-E)

Skin immediately after PLEXR application (Figure 6)
The thickness of dermis and underlying subcutaneous tissue was measured at 1635,579 µm (IMAGE ANALYSIS OLYMPUS).

How to Cite this Article: Georgia Gloustianou, Maria Sifaki, Sotiris G. Tsioumas, Dr. Vlachodimitropoulos, Antonio Scarano "Presentation Of Old And New Histological Results After Plasma Exercises (Plexr) Application (Regeneration Of The Skin Tissue With Collagen III)" Pinnacle Medicine & Medical Sciences ISSN: 2360-9516, Vol. 3 (3), 2016, Article ID pmms_241, 983-990, 2016.
Central gap with hemorrhage and adjacent areas of reepithelialization (Figure 8).

Skin (a month later)
Results demonstrated that there is complete reepithelialization of the epidermis (Figure 9). Absence of subepithelial band of homogenized collagen and dermal thickness including underlying subcutaneous tissue is increased at 2316,518 µm (measured with IMAGE ANALYSIS OLYMPUS).

2. Reticulin stain

Skin (immediately after PLEXR application)  (Figure 10)

![Normal Skin](image)

Fig. 10

Identification of homogenized collagen III underneath basal membrane by the use of reticulin (histochemical) stain (Figure 11).
(Reticulin stain is a histological staining method, used to visualize reticular fiber. Reticular fibers is a type of fiber in connective tissue, composed of type III collagen, secreted by reticular cells.)

Skin (a week later) (Figure 12 & 13)

![Skin](image)

Fig. 12

![Skin](image)

Fig. 13

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Results demonstrated that there is extensive replacement of the subepithelial homogenized collagen III layer by thick, organized fibers of collagen III.

**Skin (a month later)** (Figure 14 & 15)

Results demonstrated that there is absence of subepithelial band of homogenized collagen and absence of subepithelial band of homogenized collagen.

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**How to Cite this Article:** Georgia Gloustanou, Maria Sifaki, Sotiris G. Tsioumas, Dr. Vlachodimitropoulos, Antonio Scarano "Presentation Of Old And New Histological Results After Plasma Exercises (Plexr) Application (Regeneration Of The Skin Tissue With Collagen III)" *Pinnacle Medicine & Medical Sciences* ISSN: 2360-9516, Vol. 3 (3), 2016, Article ID pmms_241, 983-990, 2016.